

2021 Intro Skills Summer Swim Camp



Our Intro Summer programming promotes a sense of belonging and achievement through cognitive, social, emotional, and physical development in a supportive team program. It offers a chance for your child to improve technique in all four competitive strokes with individual attention from highly qualified coaches, gain endurance & strength, and have fun with swimming.

Camp Features:

- ✓ Ability grouping for all levels, Girls and Boys
- ✓ Concentrated instruction for swimmers 11 & Under
- ✓ Personalized feedback throughout the day
- ✓ Dynamic Dryland and Technique Analysis.
- ✓ Skills Sessions are run at the Lambton Kingsway Outdoor Pool
- ✓ Complete video analysis of all four strokes.
- ✓ Healthy Mix of Learning and Fun

Eligibility:

- ✓ ESWIM Skills Camp will be open to our ESWIM Intro Program, as well as Non ESWIM athletes. Registration Procedures are different.
- ✓ Swimmers who can swim two pool lengths (50 metres) of Freestyle, Backstroke and swim Breaststroke or Butterfly with some proficiency
- ✓ Streamlining off the walls
- ✓ Make changes to technique upon instruction

Cost: **\$215.00/week - Includes HST**
 ** **\$190.00 for Week 5 - Includes HST (Civic Holiday closure)**

Register Early:

ESWIM Intro Skills Summer Swim Camp has **SIX** one week sessions.

		<u>Register Deadline</u>
Session 1	July 5 th – July 9 th , 2021	Friday July 2 nd , 2021
Session 2	July 12 th – July 16 th , 2021	Friday July 9 th , 2021
Session 3	July 19 th – July 23 rd , 2021	Friday July 16 th , 2021
Session 4	July 26 th – July 30 ^h , 2021	Friday July 23 rd , 2021
Session 5 **	August 3 rd – August 6 th , 2021	Friday July 30 th , 2021
Session 6	August 9 th – August 13 th , 2021	Friday August 6 th , 2021

2021 Intro Skills Summer Swim Camp



Location: Lambton Kingsway Outdoor Pool - 37 Marquis Ave, Etobicoke ON M8X 1V3

Camp Schedule: Please note spots are limited

Session 1

7:15AM - 8:15AM - Dryland

8:15AM - 9:15AM - Pool

Session 2

9:15AM - 10:15AM - Pool

10:15AM - 11:15AM - Dryland

INCENTIVE PROGRAM

A credit will be given to those swimmers who sign up for multiple weeks of this camp and register for the 2021 2022 ESWIM Season either in the INTRO Fall Program or the Competitive Age Group Program in September. The credit will be placed into the members account in September and can be used to offset any charge for the 2021-2022 season.

Sign up for multiple weeks

2 weeks = \$20

3 weeks = \$30

4 weeks = \$40

5 weeks = \$50

6 weeks = \$60

COVID PROTOCOLS are in place. The Covid Daily Health Assessment MUST be completed each and every day prior to arrival at the pool. Please take great care when you complete this online form. Swimmers who have not completed the form will not be allowed to train either dryland or water. This form appears on the club website and can only be done online. Parents are advised to complete before they leave for the session.

Correct mask wearing is mandated from when the athlete leaves their vehicle and is the last item off prior to water training. Masks are the first item put on when water training is completed.

At least 3 meters distance is required between all participants at all times.

A personal kickboard is mandated for all attendees. Current ESWIM members may bring their equipment in their ESWIM backpack.
Non ESWIM members can purchase at a local retailer in advance the kickboard for the camp.

Please come dressed in your bathing suit as change rooms may not be open.

Each athlete is entitled to register for 1 session per week only. Each athlete is entitled to register for as many weeks as they wish.

Payment for this registration is done only via credit card through the PayPal portal within the ESWIM website.

Notification Required	Amount to be refunded
1 week prior to session start date	50% refund
2 weeks prior to session start date	100% refund
**Mandatory \$60 cancellation fee will be applied for all session cancellations regardless of the amount of notice given	

Current ESWIM INTRO swimmers who wish to attend may register through their current online account under "My Registrations" Sign Up. Remember only 1 session per week is permitted per swimmer.
Swimmers from other Swim Ontario clubs must contact the club office administrator to be given access to the registration for this camp. If interested email eswimoffice@gmail.com to advise name of swimmer and birth date and current Swim Ontario club.

Swimmers who are not yet and never have been registered with a swim club should email the club administrator at eswimoffice@gmail.com for more information on how to register and what is required.

Late Fee Charges: Please be advised that our permit only allows us to utilize the facility for a specific time. If you arrive late to pick up your child, there will be an Automatic late pickup fee charged at \$1.00 per minute. This is payable to the coach of your child who has been inconvenienced. Also be aware that we have other swimmers relying on the coach to be ready to start their workout. Please be considerate of the coaching.

The Covid Daily Health Assessment is mandatory and is used by the coaches to track the swimmer's arrival and departure. Swimmers under the age of 12 will NOT be released unless an authorized individual is present at time of pick up.

"Share the Olympic Spirit with our Coaching Staff"

For More Information Contact:

Intro Head Coach Endi Babi at or Linda Aach at eswimoffice@gmail.com