

Gibvey Pain Clinic

At Gibvey, we believe your total wellness is achieved using a combination of therapeutic approaches.

We use the acronym **T.E.N.** which stands for **T**herapies, **E**xercise and **N**utrition to assist your body in moving towards a healthy physical, emotional and spiritual state of being. We believe when you achieve this level of wellness you heal better and feel better.

Benefits of Massage Therapy...

- Help Reduce Rotator Cuff Injuries
- Decrease Muscle aches and pains
- Helps remove Lactic Acid
- Helps prevent Tendinitis
- Improves relaxation and sleep
- Help improve performance
- Allows proper and faster recovery

Give the Gift of Health

Gift Certificates

Show them you care

Therapists:

Keith **CAMACHO**, RAC, R.TCM.P, RMT

Felixe **COTE**, RMT

Mary **GARDINER**, RMT, Thai massage

Tracy **GEORGIU**, RMT

Richard A. **GIBBON**, DOMP, RMT

Steve **HOUGH**, RMT

Audrey **McDONOUGH**, Registered Holistic Nutritionist

Augustina **OPPONG-BOATENG**, RMT

Matthew **TEE**, RMT

Nyree **VOGAN**, RMT

Hours – We are open 7 days a week!

Monday to Friday: 10:00am to 7:00pm

Saturday: 9:00am to 6:00pm

Sunday: 11:00am to 4pm

*Let us know if you have a special time request!

516A Evans Avenue

Etobicoke, ON M8W 2T7

416-503-2569

www.Gibvey.ca

100 Years of Combined Experience!